

Campeonatos de Portugal de Marcha em Estrada



PARCEIROS INSTITUCIONAIS



PATROCINADORES



PARCEIROS TÉCNICOS



HISTORIAL DOS CAMPEÕES DE PORTUGAL

(Absolutos)

(Masculinos/Femininos)

I – Lisboa – 1985

	José Pinto - (CFB) – 4.03.44
	Paulo Alves – (Stª Iria) – 4.42,57
	José Dias – (Olivais) – 4.54,01
50Km	
	Paula Gracioso – (COL) – 55.42
	Fátima Bатуca – (Oeiras) – 56,20
10Km	Elvira Ferreira – (Estoril) – 58,38

II – Gaia – 1986

	Nenhum atleta terminou
10Km	Paula Gracioso – (COL) – 55.23

III – Ilhavo – 1987

	José Pinto - (CFB) – 3.58.12
	José Magalhães – (ACA) – 4.57,04
50Km	
	Paula Gracioso – (COL) – 53.50
	Filomena Silva – (IND) – 53,53
10Km	Anabela Aires - (CPMA) – 54,14

IV – Montijo – 1988

	José Magalhães - (ACA) – 4.43.59
	Paulo Pires – (CFB) – 4.53,39
	Bartolomeu Conde – (GSL) – 5.42,49
50Km	
	Ana Bela Aires – (SLB) – 52.49
10Km	Paula Gracioso – (SLB) – 55,18

V – Viseu – 1989

50Km José Pinto - (CFB) – 3.52.43
Jorge Esteves (CFB) – 4.25,38
José Magalhães – (ACA) – 4.26,35

10Km Ana Bela Aires – (SLB) – 51.40
Lígia Gonçalves – (UNMT) – 51,54
Isilda Gonçalves – (UNMT)– 52,40

VI – Viseu – 1990

50Km José Pinto - (CFB) – 4.02.26
José Magalhães – (ACA) – 4.24,44
Bartolomeu Conde (GSL) – 4.54,10

10Km Isilda Gonçalves – (UM) – 51.42
Filomena Silva – (CFB) – 56,10
Fátima Costa – (GSL) – 57,21

VII – Feira – 1991

50Km José Pinto - (CFB) – 3.59.23
José Magalhães – (ACA) – 4.47,53
Bartolomeu Conde – (CFB) – 5.27,24

10Km Isilda Gonçalves – (CDM) – 51.49
Anabela Aires - (SLB) – 52,17
Rita Silva – (SCP) – 55,02

VIII – Rio Maior – 1992

50Km José Urbano - (SLB) – 3.59.33
José Pinto – (CFB) – 4.00,58
José Magalhães – (ACA) – 4.15,19

10Km Isilda Gonçalves – (CDM) – 47.22
Lígia Gonçalves – (CDM) – 51,56
Rita Silva – (SCP) – 53,24

IX – Montijo – 1993

50Km José Pinto - (IND) – 4.02.13
José Urbano – (SLB) – 4.07,52
José Magalhães – (ACA) – 4.12,11

10Km Isilda Gonçalves – (CDM) – 46.27
Lígia Gonçalves – (CDM) – 51,14
Lígia Santos – (BFC) – 53,52

X – Lisboa – 1994

50Km José Magalhães - (ACA) – 4.17.39
Augusto Cardoso – (BFC) – 4.45,38
Bartolomeu Conde (CFB) – 5.10,18

10Km Isilda Gonçalves – (CDM) – 46.13
Lígia Gonçalves – (CDM) – 50,53
Fátima Costa – (CFB) – 57,33

XI – Benavente – 1995

50Km José Magalhães - (ACA) – 3.59.00
José Pinto – (CDUL) – 4.23,59
Luis Ribeiro - (SCP) – 4.29,57

10Km Susana Feitor – (CNRM) – 44.22
Isilda Gonçalves – (CDM) – 45,59
Lígia Gonçalves – (CDM) – 48,40

XII – Aveiro – 1996

50Km José Magalhães - (ACA) – 4.09.29
José Urbano - (SLB) – 4.20,58
Luis Ribeiro – (SCP) – 4.21,34

10Km Sofia Avoila – (CDM) – 47.50
Isilda Gonçalves – (CDM) – 47,59
Lígia Gonçalves – (CDM) – 50,27

XIII – Benavente – 1997

50Km José Urbano - (SLB) – 4.10.17
José Magalhães – (ACA) – 4.12,41
Virgílio Soares - (SNAC) – 4.20,12

10Km Susana Feitor – (CNRM) – 46.08

Sofia Avoila – (CDMt) – 48,37
10Km Isilda Gonçalves – (CDMt) – 50,35

XIV – Cacia – 1998

50Km Pedro Martins - (CDCP) – 4.04.24
José Urbano – (SLB) – 4.10,30
Virgilio Soares – (SNAC) – 4.11,47

20Km Susana Feitor – (CNRM) – 1.31.03

Isilda Gonçalves – (MCMt) – 1.40,28
20Km Sofia Avoila – (CDM) – 1.41,28

XV – Setúbal – 1999

50Km Pedro Martins - (CDCP) – 4.01.58
José Urbano – (SLB) – 4.07,10
Augusto Cardoso – (FCP) – 4.13,45

20Km Susana Feitor – (CNRM) – 1.34.14

Sofia Avoila – (CDM) – 1.44,56
20Km Cristina Almeida – (BFC) – 1.48,33

XVI – Ponte Sôr – 2000

50Km Pedro Martins - (CAS) – 3.55.55
José Magalhães – (ACA) – 4.08,56
Virgílio Soares - (SNAC) – 4.11,34

20Km Isilda Gonçalves – (MM) – 1.39.00

Sofia Avoila – (CDM) – 1.42,56
20Km Inês Henriques – (CNRM) – 1.43,56

XVII – Viseu – 2001

	Pedro Martins - (CAS) – 3.55.54
	Jorge Costa – (CTT) – 3.56,14
50Km	Luis Gil – (ALF) – 4.17,30
	Susana Feitor – (CNRM) – 1.32.40
	Sofia Avoila – (CDM) – 1.38,32
20Km	Inês Henriques - (CNRM) – 1.38,33

XVIII – Valongo – 2002

	Pedro Martins - (CAS) – 3.56.27
	Jorge Costa – (CTT) – 3.57,23
50Km	Luis Gil – (ACA) – 4.20,13
	Susana Feitor – (CNRM) – 1.31.12
	Inês Henriques – (CNRM) – 1.35,46
20Km	Isilda Gonçalves – (CDM) – 1.39,22

XI – S.J.Madeira – 2003

	Pedro Martins - (CAS) – 3.57.42
	Jorge Costa – (CTT) – 4.04,26
50Km	Augusto Cardoso – (FCP) – 4.17,03
	Susana Feitor – (CNRM) – 1.33,04
	Maribel Gonçalves – (GDE) – 1.35,55
20Km	Inês Henriques – (CNRM) – 1.36,38

XX – Beja – 2004

	João Vieira - (CNRM) – 3.52.00
	Jorge Costa – (CTT) – 4.02,29
50Km	António Pereira – (JOMA) – 4.09,52
	Susana Feitor – (CNRM) – 1.29.32
	Maribel Gonçalves – (CSM) – 1.33,09
20Km	Inês Henriques – (CNRM) – 1.34,50

XXI – B.Banheira – 2005

Pedro Martins - (CAS) – 4.03,09
Jorge Costa – (CTT) – 4.07,52
Augusto Pereira – (FCP) – 4.14,02

50Km

Vera Santos – (JOMA) – 1.32.44

Maribel Gonçalves – (CSM) – 1.35,47

20Km InêsHenriques – (CNRM) – 1.36,59

XXII – V.Castelo – 2006

Dionísio Ventura - (CIAIA) – 4.18,04

Jorge Costa – (CTT) – 4.25,17

Luis Silva – (CFB) – 4.33,36

50Km

Inês Henriques – (CNRM) – 1.33.45

Vera Santos – (JOMA) – 1.35,31

20Km Ana Cabecinha – (COP) – 1.36.45

XXIII – F.Alentejo – 2007

Jorge Costa - (CTT) – 4.03.00

Augusto Cardoso – (FCP) – 4.12.02

Dionísio Ventura – (CIAIA) – 4.14.17

50Km

Susana Feitor – (CNRM) – 1.31.35

Inês Henriques – (CNRM) – 1.33.31

20Km Ana Cabecinha – (COP) – 1.33.52

XXIV – Mealhada – 2008

João Vieira - (CNRM) – 3.52.35

Dionísio Ventura – (CIAIA) – 4.09.02

Augusto Pereira – (FCP) – 4.14.02

50Km

Susana Feitor – (CNRM) – 1.29.31

Inês Henriques – (CNRM) – 1.31.28

20Km Vera Santos – (JOMA) – 1.31.40

XXV – V.N.Gaia – 2009

João Vieira – (CNRM) – 1.25.05
Augusto Cardoso – (FCP) – 1.25.19
Sérgio Vieira – (CNRM) – 1.25.47

20Km

Dionísio Ventura - (CIAIA) – 4.11.48
Jorge Costa – (CTT) – 4.13.56

50Km Luis Gil – (CSM) – 4.18.28

Inês Henriques – (CNRM) – 1.30.34
Vera Santos – (JOMA) – 1.31.57
Ana Cabecinha – (COP) – 1.34.14

20Km

XXVI – Olhão – 2010

Sérgio Vieira – (CNRM) – 1.28.36
Pedro Isidro – (SLB) – 1.28.43
Augusto Cardoso – (FCP) – 1.29.56

20Km

Dionísio Ventura - (F.Alentejo) – 4.06.07
Jorge Costa – (CTT) – 4.14.34

50Km Luis Gil – (CSM) – 4.14.59

Vera Santos – (JOMA) – 1.30.09
Ana Cabecinha – (COP) – 1.32.36
Inês Henriques – (CNRM) – 1.33.47

20Km

XXVII – Batalha – 2011

João Vieira – (SCP) – 1.27.19
Augusto Cardoso – (ADREP) – 1.29.30
Cristiano António – (GAF) – 1.38.18

20Km

Jorge Costa - (COP) – 4.07.17
Pedro Isidro – (SLB) – 4.10.45

50Km Pedro Martins – (CAS) – 4.11.22

Inês Henriques – (CNRM) – 1.30.38
Ana Cabecinha – (COP) – 1.33.10
Susana Feitor – (IND-Sant.) – 1.33.29

20Km

XXVIII –

**Pontevedra/Quarteira –
2012**

	Sérgio Vieira – (SLB) – 1.25.24
	Dionísio Ventura – (FAMAFA) – 1.31.08
	Luís Lopes – (GS-RC) – 1.33.11
20Km	
	João Vieira - (SCP) – 3.45.17
	Pedro Martins – (CAS) – 4.06.37
50Km	Luís Gil – (CSM) – 4.07.46
	Ana Cabecinha – (COP) – 1.29.53
	Inês Henriques – (CNRM) – 1.30.55
20Km	Vera Santos – (SCP) – 1.32.48

XXIX– Montijo – 2013

	João Vieira – (SCP) – 1.26.36
	Sérgio Vieira – (SLB) – 1.26.57
20Km	Pedro Isidro – (SLB) – 1.26.58
	Luís Gil - (CSM) – 4.12.31
	Pedro Martins – (CAS) – 4.18.39
50Km	Dionísio Ventura – (FAMAFA) – 4.25.34
	Ana Cabecinha – (COP) – 1.30.49
	Inês Henriques – (CNRM) – 1.31.25
20Km	Vera Santos – (SCP) – 1.34.56

XXX– Quarteira – 2014

	João Vieira – (SCP) – 1.26.02
	Sérgio Vieira – (SLB) – 1.27.26
20Km	Pedro Isidro – (SLB) – 1.27.59
	Luís Gil - (GDE) – 4.11.40
	Pedro Martins – (CAS) – 4.15.11
50Km	Cristiano António – (ACVermoil) – 4.40.28
	Ana Cabecinha – (COP) – 1.30.36
	Vera Santos – (SCP) – 1.31.29
20Km	Inês Henriques – (CNRM) – 1.32.10

**XXXI– R.Maior (20Km) -
2015**

Castelo Branco (50Km)

20Km

Sérgio Vieira – (SLB) – 1.23.24

Pedro Isidro – (SLB) – 1.24.53

João Vieira – (SCP) – 1.25.12

50Km

Pedro Martins - (CAS) – 4.34.03

Amaro Teixeira – (SCB) – 5.04.28

20Km

Ana Cabecinha – (COP) – 1.29.27

Inês Henriques – (CNRM) – 1.29.52

Vera Santos – (SCP) – 1.31.42

**XXXII– Batalha (20Km) -
2016**

Porto de Mós (35Km)

20Km

Pedro Isidro – (SLB) – 1.25.08

Sérgio Vieira – (SLB) – 1.25.11

Miguel Rodrigues – (CNRM) – 1.31.39

35Km

João Vieira – (SCP) – 2.37.59

Sérgio Vieira – (SLB) – 2.38.18

Pedro Isidro – (SLB) – 2.43.27

50Km

Não se realizou

20Km

Inês Henriques – (CNRM) – 1.30.52

Susana Feitor – (LMA-L) – 1.33.34

Daniela Cardoso – (LMA-L) – 1.33.46

**XXXIII– SJ Madeira (20Km)
- 2017**

Porto de Mós (35/50Km)

20Km

João Vieira – (SCP) – 1.23.46
Miguel Carvalho – (SLB) – 1.28.06
Pedro Isidro – (SLB) – 1.28.35

20Km

João Vieira – (SCP) – 2.38.40
Pedro Isidro – (SLB) - 2.42.41

35Km

Miguel Carvalho – (SLB) – 2.45.16
Amaro Teixeira – (CAS) – 4.56.53
Henrique Santos – (GDD) – 5.00.12

50Km

Ana Cabecinha – (COP) – 1.32.14
Inês Henriques – (CNRM) – 1.32.28

20Km

Anabela Moreira – (COP) – 2.01.34
Inês Henriques – (CNRM) – 2.50.09
Sandra Silva - (CFOD) – 3.20.07

35Km

Inês Henriques – (CNRM) – 4.08.26

50Km

**XXXIII – Quarteira (20Km)
- 2018**

Porto de Mós (35/50Km)

20Km

João Vieira – (SCP) – 1.25.44
Miguel Carvalho – (SLB) – 1.26.45
Miguel Rodrigues – (SLB) – 1.29.31

35Km

João Vieira – (SCP) – 2.38.18
Miguel Carvalho – (SLB) – 2.41,36
Miguel Rodrigues – (SLB) – 2.43.39

50Km

Pedro Isidro – (SLB) – 4.11.25
Cristiano António – (JV) – 4.39.56
Luís Silva – (LMA-L) – 4.44.11

20Km

Inês Henriques – (CNRM) – 1.30.08
Ana Cabecinha – (COP) – 1.30.59
Edna Barros – (COP) – 1.37.05

35Km

Inês Henriques – (CNRM) – 2.45.51
Mara Ribeiro – (SLB) – 3.02.29
Sandra Silva – (CFOD) – 3.28.21

50Km

Sandra Silva – (CFOD) – 5.08.13

**XXXIV – Ourém (20Km) -
2019**

Porto de Mós (35/50Km)

20Km

João Vieira – (SCP) – 1.26.56
Miguel Rodrigues – (SLB) – 1.27.59
Pedro Isidro – (SLB) – 1.29.09

35Km

João Vieira – (SCP) – 2.40.14
Miguel Rodrigues – (SLB) – 2.40.37
Miguel Carvalho – (SLB) – 2.42.34

50Km

João Vieira – (SCP) – 3.51.46
Pedro Santos – (JV) – 4.17.04
Pedro Isidro – (SLB) – 4.21.00

20Km

Ana Cabecinha – (COP) – 1.35.43
Vitória Oliveira – (SCP) – 1.44.35
Andreia Sousa – (CAS) – 1.47.56

35Km

Mara Ribeiro – (SLB) – 3.00.56
Sandra Silva – (CFOD) – 3.30.29
Alexandra Lamas – (ACRSD) – 3.35.08

50Km

Sandra Silva – (CFOD) – 5.07.10

**XXXV – Olhão (20Km) -
2020**

Porto de Mós (35/50Km)

20Km

João Vieira – (SCP) – 1.25.37
Rui Coelho – (CAS) – 1.29.58
Rúben Santos – (SCP) – 1.36.05

35Km

João Vieira – (SCP) – 2.42.06
Hélder Santos – (LMA) – 2.45.51
Rui Coelho – (CAS) – 2.47.10
Manuel Marques – (CFOD) – 4.42.26
Amaro Teixeira – (CAS) – 5.20.05

50Km

Ana Cabecinha – (COP) – 1.30.18
Inês Henriques – (CNRM) – 1.36.15

20Km

Carolina Costa – (SCP) – 1.37.42

35Km

Vitória Oliveira - (SCB) – 3.11.20
Sandra Silva – (CFOD) – 3.25.54
Sandra Silva – (CFOD) – 5.00.46

50Km

**XXXVI – Almeirim (20Km)
- 2021**

Porto de Mós (35/50Km)

20Km

João Vieira – (SCP) – 2.39.47

Hélder Santos – (LMA) – 2.53.53

35Km

Rui Coelho – (CAS) – 2.59.45

Rui Coelho – (CAS) – 4.11.27

Hélder Santos – (LMA) – 4.15.47

50Km

Luís Gil – (GDE) – 4.20.10

20Km

Vitória Oliveira – (SCB) – 3.09.27

Sandra Silva – (ACPV) – 3.27.26

35Km

Sandra Campos – (ACPV) – 4.17.48

Sandra Silva – (ACPV) – 4.56.50

50Km